

# How to Navigate UVA As a Second Year

Preparing Students with an Interactive Summer Module Series and a Collective Collab Page



Joe Reeves | Helen Roddey | Kiani Hudgens | Kaitlyn Diaz | Blake Hesson

The goal of this website is to help student and faculty realize the best possible educational experience. The data presented here are mined hourly from UVA's official student information system (SIS). I hope that you will find this website useful. — Lou Bloomfield, Professor of Physics

[Hint for predicting your chances of getting into a class](#)



Arts & Sciences Depa

- African-American & Afr
- Anthropology
- Art
- Astronomy
- Biology
- Chemistry
- Classics
- Drama
- East Asian Languages..
- Economics
- English
- Environmental Sciences
- French Language & Lite

**COUNSELING  
PSYCHOLOGY  
SERVICES**

**EMERGENCY  
CRISIS SER**

**CLINICAL SERVICE**

**GETTING STARTED**

**ELIGIBILITY AND  
COST**

**OUTREACH AND  
PREVENTION**

tCF
Congrats on surviving the Fall semester!
Write Reviews
Type to Sea

Signed in succ

## Browse By Department

Review

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Browse

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Scheduler

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Textbooks

**Arts & Sciences**

- African-American & African Studies
- American Sign Language
- American Studies
- Anthropology
- Art
- Astronomy
- Biology
- Chemistry
- Classics
- Cognitive Science
- College Advising Seminars
- Computer Science
- Drama
- East Asian Languages, Literatures & Cultures
- East Asian Studies
- Economics

• Etc.

Information on Fellowships Series:

- Mondays at 4pm in the Rotunda Multipurpose Room



Welcome to Virginia Alumni Mentoring

### MY DASHBOARD

**NETWORK**

Easily discover and search for alumni to provide career advice

**GROUPS**

Find a student/alumni group

**INVITE CLASSMATES**

Invite your classmates to join the program

### RECOMMENDED FOR YOU

[Update Matching Preferences](#) | [Browse All](#)

★ **Luwam Bokure '17**  
Solution Sales Specialist

SKIP

★ **Amberly Marria**  
Registered Nurse Clin 2

SKIP

★ **Ann Kelly**  
Experienced Program Manager with an inter...

SKIP

**Quick**

- 📄 Full-Time Internship
- 📍 New York City, New York, United States
- 📅 **Apply before 6/29**

**UVA (Virginia)** ☆

ement Program, 2018 Fall Engineering ineering, Science, and Technology Fair r Day, and 52 more...

**Part-Time Jobs for Busy Students** ☆

- Undergraduate Student Opportunities in Academic Research (USOAR)

**Suggested by School**

📄 **Career Insider by VAULT**  
Posted by Anonymous

# Second Year Students Encounter Multiple Common Challenges

Unaware of  
Resources

"I wish I knew more about clubs, opportunities, and programs"

Lack of career  
certainty


"I wish career services did more to help kids explore career options"

Feelings of  
Isolation

"...barely made time to hang out with friends and became lonely"

# The Education Advisory Board has Identified a National Absence of Second Year Guidance

## The Sophomore Gap

	First Year	Second Year	Third Year	Fourth Year
 <b>Campus Support Structures</b>	First-Year Experience programs Residence halls	???	Faculty advisor in academic division	Senior Week Graduate school advice Career center
 <b>Intensive Curricular Engagement</b>	First-year seminars University 101	???	Advanced major courses	Capstone course

-Lack of direction with course planning

-Perceived lack of resources

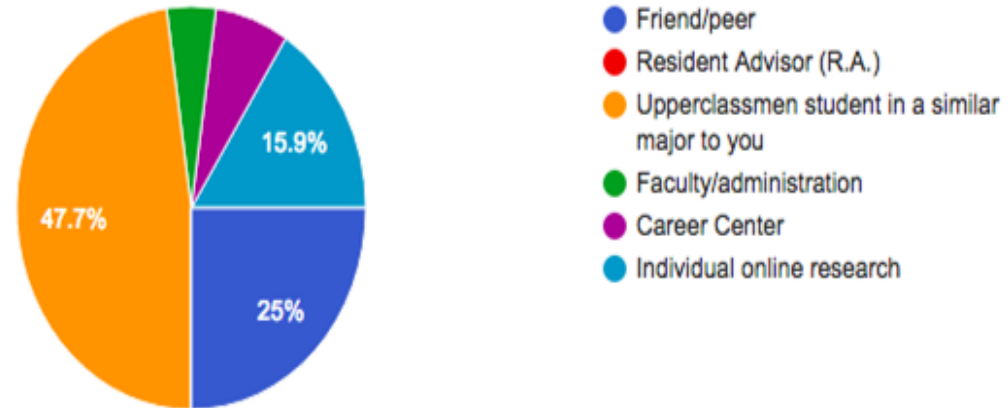
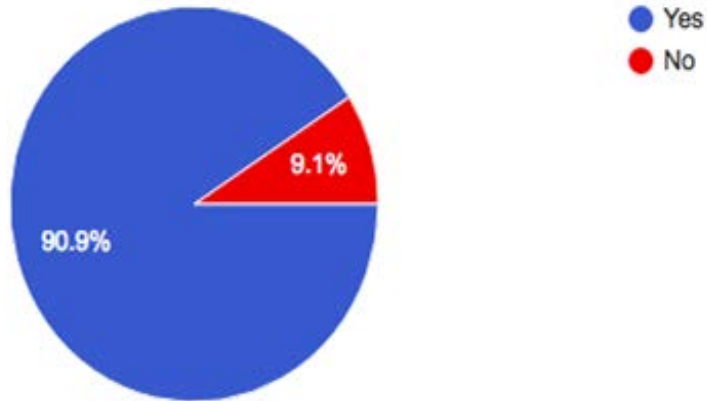
-Lack of self value



# UVA Needs to Better Communicate Resources as Indicated Through Student Survey Responses

Could UVA Better Communicate Existing Advising Resources?

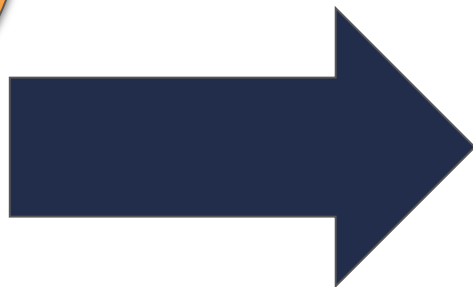
Which resource would you most likely approach to find out more information about getting involved on grounds, planning your major, internship advice, etc.?



# "Map" Second Year Resources to Reduce Second Year Challenges

Mandatory  
"M.A.P.S.  
Through UVA"  
Module

"How To  
@ UVA"  
Collab  
site



# The “Growing Stronger” Module Will Focus on Student’s Mental Wellbeing

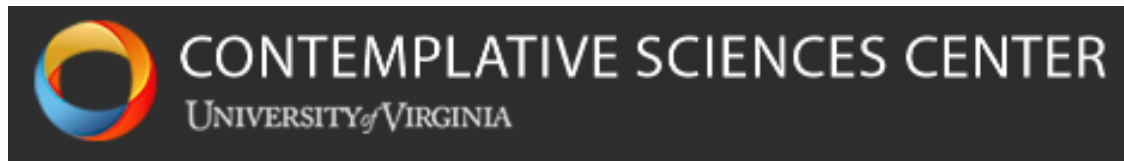


- Professional Resources
- Resilience & growth mindset
- Existing professors and classes



Maxine Platzer Lynn Women's Center

AT THE UNIVERSITY OF VIRGINIA



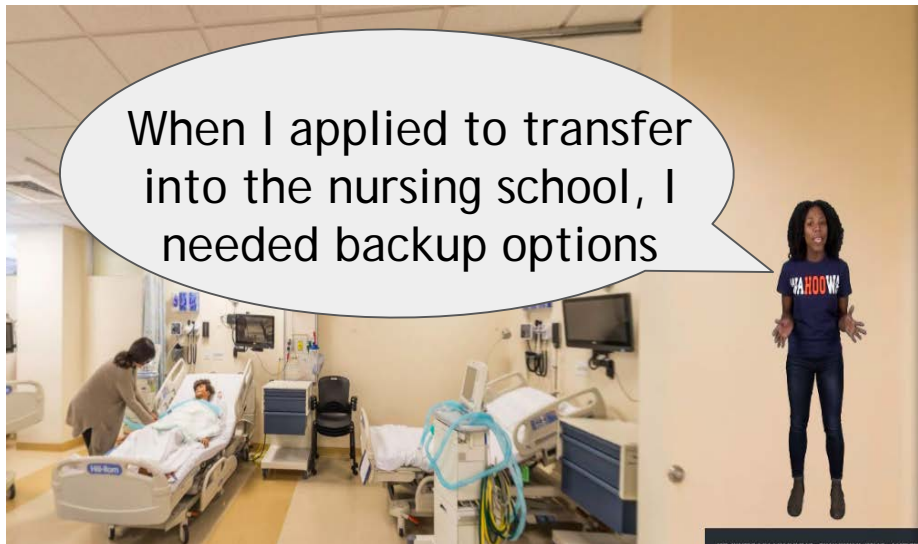
# The “Growing Stronger” Module will Teach Proactive Solutions to Support Mental Well-Being

- Familiarity with mental health resources
- Preventative resilience vs. corrective resilience
- Advertise under-utilized courses





# The “Major Decision” Module will Prepare Students to Pursue Multiple Academic Interests



- Create a plan & a back-up plan
- How to utilize various academic planning tools
- Different perspectives from upperclassmen



# “Major Decision” will Help Students with Academic Planning - Proactively Combating Stress

Before Module:

- Government
- French
- Commerce
- Foreign Affairs
- Religious Studies

After Module:

Government and Religious Studies  
Double Major

&

French Minor

Now I'm stress-free!



# “Professional Readiness” will Expose Students to Professional Resources and Teach Personal Branding




- Resume, cover letters, LinkedIn
- Recruiting timelines
- Professional self value
- Virginia Alumni Mentoring Network



# “Professional Readiness” will Help Students Prepare Themselves for Job Recruiting and Life After Graduation



# “The Engagement” will Expose Students to Meaningful Involvements in the Community



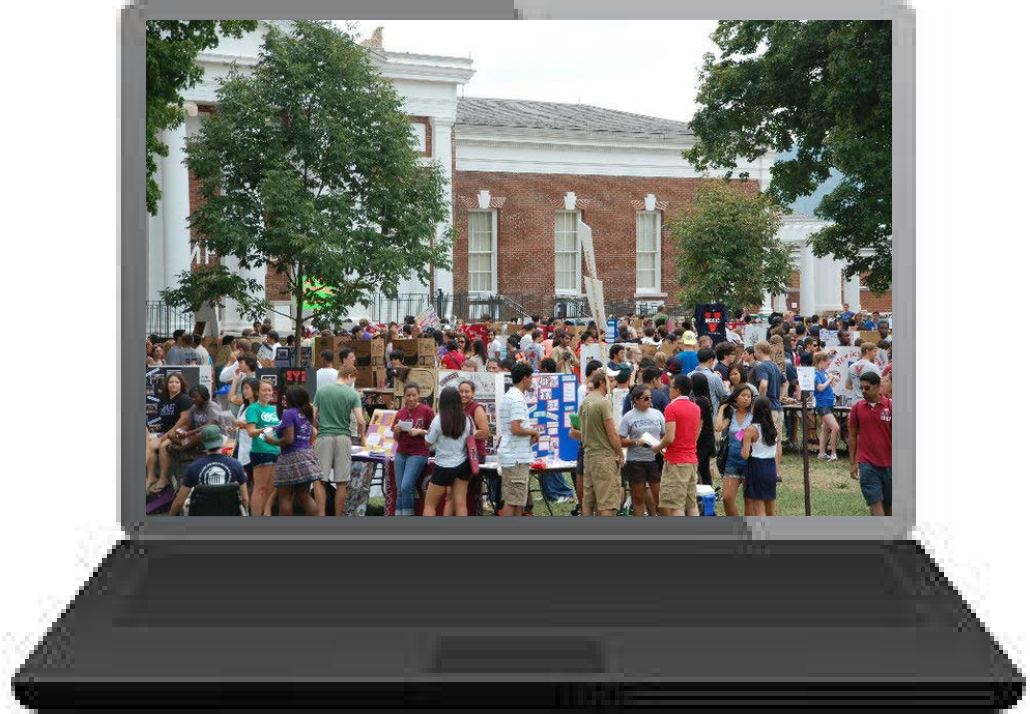
There are so many more ways to get involved on grounds this year

- Research & volunteering
- Deadlines for clubs, leadership positions, etc.



# “The Engagement” will Introduce Students to a Broad Range of On and Off Grounds Activities


- Introduces new organizations and opportunities
- Reaches students not attending clubs fair
- Preparation for deadlines



# Student Perspectives and Peer Advisors Will Make up the Content of the “M.A.P.S. Through UVA” Modules



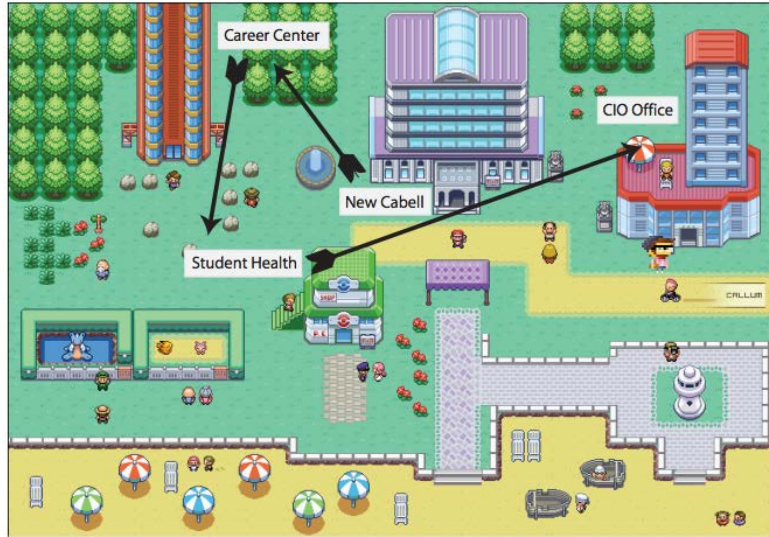
# Our Modules will Contain Interactive Elements - Engaging Students in the Education Process



John Paul Jones IV  
2nd Year  
Undecided, Pre-Comm  
Cavalier Daily Staff  
Beta Alpha Delta Fraternity

## M. A. P. S

Mental. Academic. Professional. Social



John Paul Jones's Journey:  
Second-Year Scavenger Hunt

- Module 1: "Major Decision" ✓
- Module 2: "Kicking it in the Career" ✓
- Module 3: "Growing Stronger" ✓
- Module 4: "The Engagement"

- Looked at current and future research opportunities ✓
- Looked at a new volunteer opportunity around Charlottesville ✓
- Found a new CIO meeting to go to

Almost done John Paul! To complete your next module head to the CIO office to find out about a new CIO meeting to go to this month! I think you'll like it!





# The "How To @ UVA" Collab Page Consolidates Resources In One Central Location

The screenshot displays the UVA Collab website interface. At the top, the UVA Collab logo is on the left, and "My Sites" and a user profile for "Joe" are on the right. Below the header, there are navigation tabs for "Home", "2018 MLI Summer Institute", "ULink 2018", and "HowTo@UVA". A yellow banner indicates the site is "Unpublished Site" with a "(Publish Now)" button and a "Help" icon. The main content area is titled "Find your major path" and includes buttons for "Add Content", "Reorder", "Tips", and a settings icon. A "Print view Index of pages" link is also present. On the left, a sidebar menu lists various sections: "Lessons" (with sub-items like "Find your major path", "Plan for the future", "Practicing self-care", "Getting engaged in the community"), "Announcements", "Assignments", "Forums", "Live Online Meetings", "Gradebook Classic", and "Resources". The main content area features a large image of a classroom with students and a teacher. Below the image is a section titled "What-If Reports" with a paragraph and a bulleted list of instructions.

UVA COLLAB

My Sites | Joe

Home | 2018 MLI Summer Institute | ULink 2018 | HowTo@UVA

Unpublished Site (Publish Now) Help

Find your major path

Add Content Reorder Tips

Print view Index of pages

Lessons

- Find your major path
- Plan for the future
- Practicing self-care
- Getting engaged in the community

Announcements

Assignments

Forums

Live Online Meetings

Gradebook Classic

Resources

**What-If Reports**

From the Student Center, students may request a "What-If Report".

- It allows you to see the requirements for a major/minor/concentration other than the one you've declared.
- Enter any Area of Study (major/minor) or Concentration offered at UVA in the **Program Scenario** area. You can also enter any course offered at UVA in the **Course Scenario** area to see how enrolling in that course would affect your Academic Requirements report.

Easy access to  
resources

Feedback on  
resources

Student  
Discussion

# Timeline For “How To UVA” Modules and “How to @ UVA” Collab Site

September 2018-  
November 2018

Contact Peer Advising  
Programs

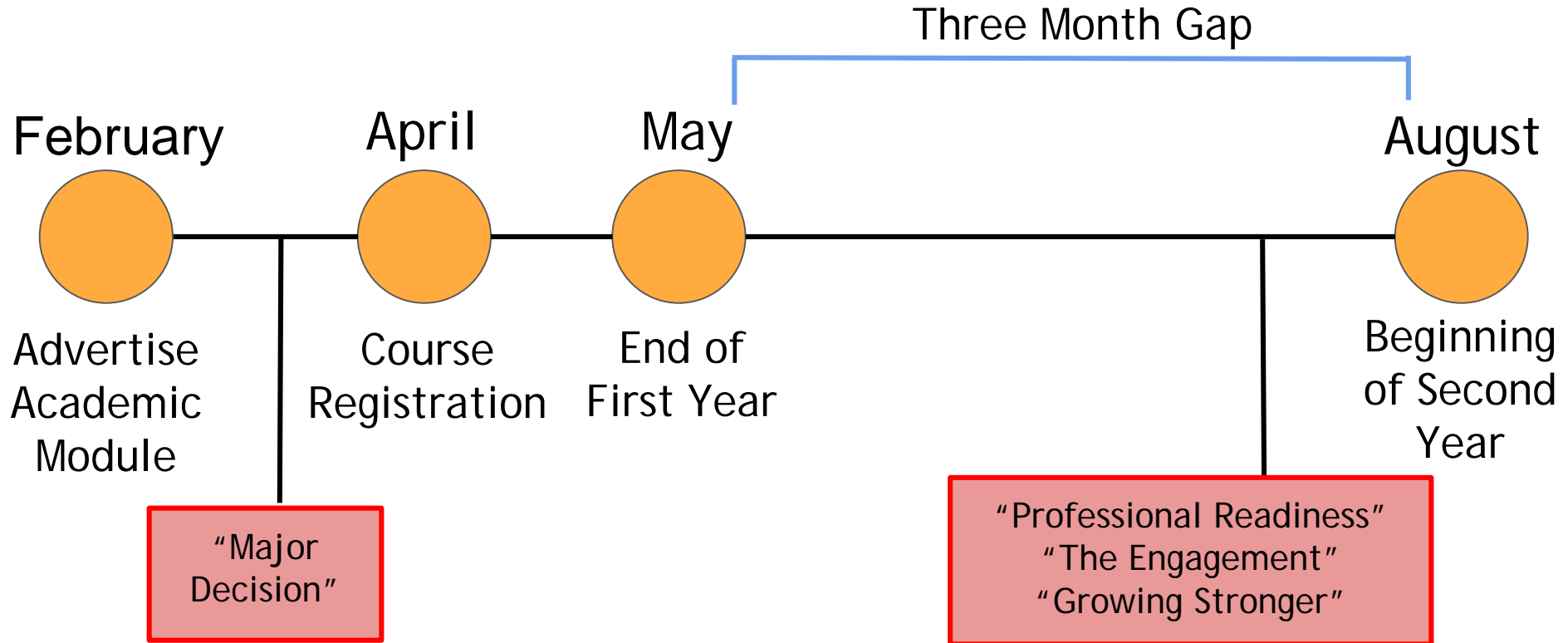
November 2018 -  
August 2019

Module Content  
Production

September 2019 -  
May 2020

Promotion of Collab  
Page and Modules

# M.A.P.S Module Series Timeline - Corresponding to SIS Holds



# Cost Assumptions of Summer Module Program

Cost Assumptions	
<b>Online interactive content (Per content hour average)</b>	\$10,054
Finding Your Path 45 Mins.	\$7,541
Getting engaged in the community 30 Mins.	\$5,027
Career Planning 45 Mins.	\$7,541
Mental health/social Well-being 45 Mins.	\$7,541
<b>Total</b>	<b>\$27,649</b>
<b>In-person Content</b>	
One day of filming	\$1,100
One day of editing	\$800
3 days of filming students/faculty	\$3,300
8 days of editing	\$6,400
<b>Total</b>	<b>\$9,700</b>
<b>Aggregate Cost:</b>	<b>\$37,349</b>

# Our solution will Provide University-Wide Benefits



**1.) High retention rates**

**4.) Cost-efficient solution**



**2.) Stronger connection to alumni**

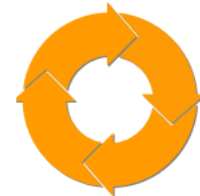


**5.) More engaged and independent Second Year Body**



**3.) Reach more students with resources**

**6.) Built-in sustainability**



We will measure the success of our idea to explore potential for growth through 3 steps



Tracking

Quiz

Evaluation

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Thank  
you,  
Board of Visitors

